PRACTICE WORKSHEET 02 / 10

Choose a clear beat for SHADOW GROOVE

Set 116 BPM and 4/4. Choose the Stage Clear or Cowbell click sound and adjust the volume to suit your practice space.

> **PRACTICE EXAMPLE**
>
> SHADOW GROOVE | 116 BPM | 4/4
>
> Click: Stage Clear first, then Cowbell
>
> Practice: eight bars with each sound

PRACTICE IN FERASTAGE

1. Set 116 BPM and 4/4 time.
2. Try eight bars with Stage Clear, then eight bars with Cowbell.
3. Adjust the volume for your practice space and write why you prefer one sound.

WHAT TO LOOK FOR

Compare two click sounds at the same tempo and time signature in your own practice space.

YOUR PRACTICE NOTES

Accent map — mark the start of each group

1	2	3	4

Round	BPM	Subdivision / feel	My entrance / following note
1			
2			
3			

One thing I will change on the next attempt
